



**WorkSafeBC JOB DEMANDS QUESTIONNAIRE**

Your physiotherapist has been asked by WorkSafeBC to determine what your job involves physically. Your physiotherapist is also required to contact your employer within seven days of your initial visit to determine what opportunities are available for a full or graduated return, or if lighter duties exist whenever you are physically able. To assist in this process we request that you complete this form.

**CLIENT INFORMATION:**

Name: \_\_\_\_\_  
 Claim #: \_\_\_\_\_  
 Date of Injury (YYYY/MMM/DD): \_\_\_\_\_

**EMPLOYER AND JOB INFORMATION:**

Company's name: \_\_\_\_\_  
 Contact name: \_\_\_\_\_  
 Contact's job title (e.g. supervisor): \_\_\_\_\_  
 Contact's phone number (include area code): \_\_\_\_\_  
 Name of your position (e.g. care aide, shipper/receiver, etc.): \_\_\_\_\_  
 Your normal pre-injury work schedule (e.g. 5 days per week / 8 hours per day): \_\_\_\_\_

Are there confirmed light or modified duties available?    Yes    No    Unknown

**CRITICAL JOB DEMANDS:**

Please list your five most critical job demands:

**Critical Job Demand #1**

(e.g. lift 10 lbs. overhead repeatedly for 60 mins; or constant walking for 30 minutes; or constant driving/sitting for 4 hours)

**Current Ability and comments #1**

(e.g. lift 2 lbs. overhead for 10 mins. before sore in shoulder; or walk for 10 mins. before pain; or drive/sit 30 mins before stiff)



**Critical Job Demand #2**

(e.g. lift 10 lbs. overhead repeatedly for 60 mins; or constant walking for 30 minutes; or constant driving/sitting for 4 hours)

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**Current Ability and comments #2**

(e.g. lift 2 lbs. overhead for 10 mins. before sore in shoulder; or walk for 10 mins. before pain; or drive/sit 30 mins before stiff)

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**Critical Job Demand #3**

(e.g. lift 10 lbs. overhead repeatedly for 60 mins; or constant walking for 30 minutes; or constant driving/sitting for 4 hours)

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**Current Ability and comments #3**

(e.g. lift 2 lbs. overhead for 10 mins. before sore in shoulder; or walk for 10 mins. before pain; or drive/sit 30 mins before stiff)

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**Critical Job Demand #4**

(e.g. lift 10 lbs. overhead repeatedly for 60 mins; or constant walking for 30 minutes; or constant driving/sitting for 4 hours)

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**Current Ability and comments #4**

(e.g. lift 2 lbs. overhead for 10 mins. before sore in shoulder; or walk for 10 mins. before pain; or drive/sit 30 mins before stiff)

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**Critical Job Demand #5**

(e.g. lift 10 lbs. overhead repeatedly for 60 mins; or constant walking for 30 minutes; or constant driving/sitting for 4 hours)

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**Current Ability and comments #5**

(e.g. lift 2 lbs. overhead for 10 mins. before sore in shoulder; or walk for 10 mins. before pain; or drive/sit 30 mins before stiff)

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MAPLE RIDGE  
**PHYSIOTHERAPY  
& PAIN CLINIC**

Chronic Pain, Orthopaedics & Sports Injuries, Acupuncture,  
Massage Therapy, ICBC and WorkSafeBC Claims  
#102-22561 Dewdney Trunk Road Maple Ridge, BC V2X 3K1  
Phone: (604) 467-8775 . Fax: (604) 467-8704  
[www.mapleridgephysio.com](http://www.mapleridgephysio.com)

Other job demands not listed above:

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As per WorkSafeBC, Maple Ridge Physiotherapy and Pain Clinic must contact my employer to discuss any light duties/return to work availability. Maple Ridge Physiotherapy and Pain Clinic is also mandated by WorkSafeBC to discharge any patient who is not attending a minimum of 2 visits per week. If you are unable to attend, you must contact the clinic within 7 days.

\_\_\_\_\_  
Patient Name

\_\_\_\_\_  
Date (YYYY/MMM/DD)

**I have read the above and agree that checking this box constitutes an electronic representation of my signature, and that I have completed the above form to the best of my knowledge.**

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